

# NATIONAL HEALTH OBSERVANCES



## JANUARY

- > Cervical Health Awareness Month
- > National Birth Defects Prevention Month
- > National Glaucoma Awareness Month
- > National Radon Action Month
- > National Stalking Awareness Month
- > National Winter Sports TBI Awareness Month
- > Thyroid Awareness Month

## FEBRUARY

- > AMD/Low Vision Awareness Month
- > American Heart Month
- > International Prenatal Infection Prevention Month
- > National Children's Dental Health Month
- > Teen Dating Violence Awareness Month

## MARCH

- > Bleeding Disorders Awareness Month
- > National Colorectal Cancer Awareness Month
- > National Cheerleader Safety Month
- > National Endometriosis Awareness Month
- > National Kidney Month
- > National Nutrition Month®
- > Problem Gambling Awareness Month
- > Save Your Vision Month
- > Trisomy Awareness Month
- > Workplace Eye Wellness Month

## APRIL

- > Alcohol Awareness Month
- > Irritable Bowel Syndrome Awareness Month
- > National Autism Awareness Month
- > National Distracted Driving Awareness Month
- > National Donate Life Month
- > National Child Abuse Prevention Month
- > National Interprofessional Health Care Month
- > National Facial Protection Month
- > National Minority Health Month
- > Occupational Therapy Month
- > Oral Cancer Awareness Month
- > Sexual Assault Awareness and Prevention Month
- > Sexual Assault Awareness Month of Action
- > Sports Eye Safety Awareness Month
- > STI Awareness Month
- > Testicular Cancer Awareness Month
- > Women's Eye Health and Safety Month

## MAY

- > ALS Awareness Month
- > Arthritis Awareness Month
- > Better Hearing and Speech Month
- > Food Allergy Action Month
- > Global Employee Health and Fitness Month
- > Global Youth Traffic Safety Month
- > Healthy Vision Month
- > Hepatitis Awareness Month
- > International Mediterranean Diet Month
- > Melanoma/Skin Cancer Detection and Prevention Month®
- > Mental Health Month
- > National Asthma and Allergy Awareness Month
- > National Osteoporosis Awareness and Prevention Month
- > National Physical Fitness and Sports Month
- > National Stroke Awareness Month
- > National Teen Pregnancy Prevention Month
- > Preeclampsia Awareness Month
- > Ultraviolet Awareness Month

## JUNE

- > Alzheimer's & Brain Awareness Month
- > Cataract Awareness Month
- > Fireworks Safety Month
- > Men's Health Month
- > Myasthenia Gravis Awareness Month
- > National Aphasia Awareness Month
- > National Congenital Cytomegalovirus Awareness Month
- > National Safety Month
- > National Scleroderma Awareness Month

## JULY

- > Cord Blood Awareness Month
- > International Group B Strep Awareness Month
- > Juvenile Arthritis Awareness Month
- > National Cleft & Craniofacial Awareness & Prevention Month

## AUGUST

- > Children's Eye Health and Safety Month
- > Gastroparesis Awareness Month
- > National Breastfeeding Month
- > National Immunization Awareness Month
- > Psoriasis Awareness Month

## SEPTEMBER

- > Childhood Cancer Awareness Month
- > Fruits & Veggies—More Matters® Month
- > Healthy Aging® Month
- > National Atrial Fibrillation Awareness Month
- > National Childhood Obesity Awareness Month
- > National Food Safety Education Month
- > National ITP Awareness Month
- > National Pediculosis Prevention Month/Head Lice Prevention Month
- > National Preparedness Month
- > National Recovery Month
- > National Sickle Cell Month
- > National Traumatic Brain Injury Awareness Month
- > National Yoga Awareness Month
- > Newborn Screening Awareness Month
- > Ovarian Cancer Awareness Month
- > Pain Awareness Month
- > Prostate Cancer Awareness Month
- > Sepsis Awareness Month
- > Sexual Health Awareness Month
- > Sports Eye Safety Month
- > Whole Grains Month
- > World Alzheimer's Month

## OCTOBER

- > Domestic Violence Awareness Month
- > Eye Injury Prevention Month
- > Health Literacy Month
- > Home Eye Safety Month
- > National Breast Cancer Awareness Month
- > National Bullying Prevention Month
- > National Dental Hygiene Month
- > National Down Syndrome Awareness Month
- > National Medical Librarians Month
- > National Physical Therapy Month
- > Sudden Infant Death Syndrome (SIDS) Awareness Month

## NOVEMBER

- > American Diabetes Month
- > Bladder Health Month
- > COPD Awareness Month
- > Diabetic Eye Disease Month
- > Lung Cancer Awareness Month
- > National Alzheimer's Disease Awareness Month
- > National Family Caregivers Month
- > National Healthy Skin Month
- > National Hospice Palliative Care Month
- > National Stomach Cancer Awareness Month

## DECEMBER

- > Safe Toys and Gifts Month



Develop a content strategy to raise awareness of National Health Observances relevant to your patients, partners, and communities.